

LINCOLN Girls LACROSSE 12



Registration – 2012

1. 2012 Player Information with waiver
2. Lincoln HS Code of Conduct Agreement
3. Blue Medical Form (3x5 card) – every year, every sport
4. School Sports pre-participation exam (every two years)
5. Proof of US Lacrosse Membership
6. 2012 Calendar – Important Dates
7. Volunteer Descriptions

Items 1,2, 3, and 4 need to be submitted with a payment of \$395 by Feb. 1, 2012 to the *Girls Lacrosse* box in the office or you can mail the forms to :

Lorrie Shoemaker
4325 SW 48th PI
Portland OR 97221

All players must show up to practice with: goggles, mouthguard, stick, good footwear (turfs, cleats, or running shoes), and appropriate clothing layers. *Bigfoot Lacrosse* and *Sports Authority* sell lacrosse gear.

If you do not have any of the above items – please contact Ali Berg at lincolngirlslacrosse@gmail.com - we have lots of loaner sticks, goggles, and footwear you can borrow for the season.

We do not want money to deter any player from trying lacrosse. We offer payment plans and scholarships. Please inquire through the email address.